

# Special Lesson: Green Sunday - We the Church

## Green Sunday: Growing in God's Family

### Teacher Preparation and Materials Needed:

**Craft Activity:** Colors of Faith Bracelet  
Directions and supplies [Here](#).

**Class Activity:** Plant a Seed and Care for It

### Song:

Armenian: [Kreesdos Ee Mech](#) (duration 1:51)

English: [Christ in Our Midst](#) (duration 1:51)

### Words of the week:

եկեղեցի – ye-ge-ghe-tsee – church

կիրակի – gee-ra-gee – Sunday

ապարանջան – a-ba-ran-chan – bracelet

### Moral Character Focus:

In this lesson, the children will understand how unity in faith and service is important for the success of the Church.

### Memory Verse:

“Blessed are those who hear the  
word of God and obey it.”

-Luke 11:28

# Lesson

## Lesson Opening & Creating Interest:

Open with prayer:

**Wisdom of the Father, O Jesus, grant to me the wisdom to think, speak, and do that which is good in Your sight. Save me from all evil and distracting thoughts, words, and deeds. Have mercy upon your creatures and upon me, a great sinner. Amen.**

## Lesson Body:

Today we celebrate a very special day called Green Sunday. In Armenian, we call it Ganach Geeragee. Green reminds us of life, growth, and new beginnings. Just like trees, flowers, and grass turn green in the springtime, we are reminded that Jesus gives us new life too.

When Jesus rose from the dead, He made everything new again. Because of Him, we can grow strong in our faith and live the way God wants us to. On Green Sunday, we remember that our faith is like a small plant. If we water it with prayer, good deeds, and love, it will grow big and beautiful.

Green Sunday also teaches us about the Universal Church. The Church is not just a building we go to on Sundays. It is made up of all the people who believe in Jesus Christ and live by His teachings. All Christians around the world — Armenian, Greek, Coptic, Indian, and more — are part of one big family called the Universal Church. We are all united because we love Jesus and follow Him.

Our prayers, kind actions, when we help others, and the Christian ways we live are helping the Church grow strong and green with new life. We can better understand this from a story about a little seed.

## The Little Seed Who Wanted to Grow

Once upon a time, in a big, beautiful garden, there lived a little seed named Garo. Garo was stuck in a little dark corner of a gardener's kitchen. One day the gardener noticed the little seed and said, "Little seed, oh little seed, don't be afraid. I will take care of you. I will plant you in a soil and will help you reach up toward the light and the blue sky. You will grow and become a beautiful tree!"

And deep into the soft brown soil the gardener planted the little seed. Garo was excited. He dreamed of growing tall and strong like the other trees around him. But there was something that worried Garo. You see days were passing by and Garo was still a little seed.

"How will I grow? I'm so small! The blades of grass around me are taller and stronger" he sighed.

One sunny morning, the gardener came walking through the garden. He was checking on every single plant, bush and tree. When the gardener came close to Garo, he knelt, smiled kindly and said,

"Soon, soon you will sprout and grow into a beautiful tree."

Every day, the gardener gave Garo fresh water, guarded from strong winds and scorching sun. With the gardener's love and attention, Garo stretched a little more toward the sky every day.

As he grew, Garo noticed that he suddenly can see so much more around him. He saw that there were other plants in this garden and the gardener was taking care of each plant giving them what they need.

"I'm part of a big family," he exclaimed. "We are all growing together because of the gardener's love!"



One day, when the gardener came to nourish Garo with fresh water, Garo looked down and saw his first green leaves and his long and delicate branches.

“I’m alive! I’m strong! I’m growing!” he cheered.

The gardener smiled and said, “And as you grow my little seed, so does my garden. Each one of you makes my garden big, strong and beautiful”.

Garo kept growing — not just to be big and tall — but to bring beauty, shade, and joy to the whole garden. And from that day on, every time a new seed sprouted, Garo would say, “Welcome, little one! You are part of our big family too!”

This is exactly how our church is - one big family. Whether it is in America, or Armenia, or another country, we Christians are a one big church, one big family and we grow together in love, kindness and prayer. And we can do this With God’s help, trusting and loving Jesus.

On this beautiful Green Sunday, let us thank God for giving us life, for giving us our Church family, and for helping us grow every day in His love.

## Class Activity: Plant a Seed and Care for It



### Supplies Needed:

- Small cups (paper, plastic, or biodegradable)
- Potting soil
- Seeds (easy ones: sunflower, bean, marigold, basil)
- Spoon or small scoop (for soil)
- Watering can, cup, or spray bottle (for watering)
- Tray or plate (to set the cups on in case water leaks)
- Paper towels for any mess
- Stickers, crayons, or markers to decorate the cup (optional)
- Small nail, thumbtack, or scissors to poke a drainage hole (optional)

### Directions:

1. Take the cup (paper, plastic, or biodegradable) and poke 1-3 tiny holes in the bottom for drainage (optional but helpful).
2. Fill the cup three-quarters full with potting soil.
3. Gently tap the cup so the soil settles a little, but do not pack it down hard.
4. Make a small hole in the center of the soil with your finger (about ½ inch deep for most seeds).
5. Drop the seed into the hole.
6. Cover the seed lightly with soil — just enough to hide it.
7. Water the soil very lightly so it becomes moist, not soaking wet.
8. Place the cup somewhere sunny, like a windowsill, where it can get a few hours of sunlight every day.

### Care Instructions:

1. Check the soil every day: If the top looks dry, give it a little water.
2. If the soil feels damp, wait a day before watering again.
3. Watch for the little sprout to appear in a few days or weeks, depending on the type of seed!
4. Once the seed sprouts, keep giving it light, gentle water, and love!
5. As the plant grows bigger, you can later transfer it to a bigger pot or plant it outside if you want.

**Memory Verse:**

“Blessed are those who hear the word  
of God and obey it.”

-Luke 11:28

**Words of the Week:**








Եկեղեցի – yegeghetsee – church

Կիրակի – geeragee – Sunday

ապարանջան – abaranchan – bracelet

**Craft Activity:** Colors of Faith Bracelet

Directions [Here](#):

	Purple reminds us that God is King Deuteronomy 10:17
	Black is for our sins Romans 3:9
	Red is for the blood that Jesus shed for us Romans 3:25
	White is for our forgiveness Psalm 51:7
	Blue is for our baptism Mark 16:16
	Green is for how we grow in knowing God 2 Peter 3:18
	Yellow is for our eternal life in Heaven Revelation 21:18

This craft can be made as:

- Bracelets
- Bookmarks
- Key chains
- Door hangers
- Necklaces

*NOTE: Supplies will vary based on your choice of the activity.*



**Song**

Armenian: [Kreesdos Ee Mech](#) (duration 1:51)

English: [Christ in Our Midst](#) (duration 1:51)

# Review

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## Memory Verse Review:

“Blessed are those who hear the word of God and obey it.” (Luke 11:28)

## Lesson Review:

1. What are the three Sundays following Easter called? (New Sunday, Green Sunday, and Red Sunday)
2. What are some ways we can show unity in the Universal Church? (*Praying for a safe and peaceful world, being an example for doing good, serving, and helping those in need, helping the poor, caring for widows and orphans, fasting, etc.*)
3. What does Red Sunday represent? (The blood of the martyrs)
4. How are we supposed to renew ourselves and be better servants of God? (Praying at home and at the church, acts of service and helping others, saying no to bad behaviors and habits)

## Words of the Week:

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## Life Application:

Stand together with friends and family in your faith and service.

### Close with prayer:

**O Christ, guardian of all, let Your right hand guard and shelter me, by day and by night, at home and abroad, in sleeping and in waking, that I may never stumble. Have mercy upon Your creatures and upon me, a great sinner. Amen.**