

Unit 1. Children of the Bible - OT

Lesson 1.2 Isaac the Trusting

Teacher Preparation and Materials Needed:

Activities: Implement based on available time. Detailed instructions and materials list are provided in the lesson.

Activity 1: “Trust Walk” Game

Activity 2: “God Provides” Maze

Activity 3: Memory Verse Fun

Words of the Week:

այծ - aydz - ram

պատարազ - ba-da-rak - sacrifice

հավանք - ha-vad-k - faith

Objective:

Children will understand that we can trust God completely, just like Isaac trusted his father Abraham and God’s good plan.

Moral Character Focus:

Knowledge: Children will learn that Isaac trusted his father Abraham and that God provided what was needed on the mountain

Understanding: Children will recognize that we can trust God completely because He loves us and always takes care of us, just like loving parents do

Application: Children will identify practical ways to show trust in God and parents (obeying even when they don’t understand, praying when scared or worried, believing God has good plans for them)

Values: Children will develop a desire to trust God with their whole heart and believe in His loving care and provision

Memory Verse:

“Trust in the Lord with all your heart.”

- Proverbs 3:5

Lesson

Lesson Opening & Creating Interest:

Open with prayer:

Wisdom of the Father, O Jesus, grant to me the wisdom to think, speak, and do that which is good in Your sight. Save me from all evil and distracting thoughts, words, and deeds. Have mercy upon your creatures and upon me, a great sinner. Amen.

Lesson Body: Isaac the Trusting

Today, we are going to learn about someone very special: a young boy who lived long, long ago with his mom, Sarah, and his dad, Abraham. This special boy is Isaac. But before we hear Isaac's story, let's remember a few things about his Father - Abraham.

Abraham was Isaac's father, and he loved God very much. God had promised Abraham that he would have a special son, and after waiting a very long time, God gave Abraham and Sarah their precious baby, Isaac, and many blessings along with him! Isaac's father loved God with his whole heart, and Isaac learned to love God too by watching his dad pray, obey, and trust God every single day.

Abraham was the most wonderful dad. He would tell Isaac amazing stories about how God had taken care of their family. "Isaac," Abraham would say, "God promised you to us, and God always keeps His promises! God loves us so much and has wonderful plans for our family." Isaac loved spending time with his father. They would walk together, talk together, and take care of their sheep together. Abraham taught Isaac how to be kind, how to pray, and most importantly, how to trust God no matter what.

One day, something very unusual happened. God asked Abraham to do a thing that seemed very hard and confusing. But Abraham trusted God completely, even when he didn't understand everything.

"Isaac," Abraham said gently, "we're going on a special trip together, just you and me. We're going to the mountains to worship God."

Isaac was so excited! He loved going places with his dad. "Can I help carry things, Daddy?" Isaac asked with sparkling eyes.

"Yes, my son," Abraham smiled. "You can help me carry the wood for our fire."

So early the next morning, Isaac and Abraham started walking toward the mountains. Isaac carried the wood on his back, and his dad carried the other supplies. As they walked, Isaac chattered happily about all the things he saw - the birds singing, the flowers blooming, and the fluffy clouds in the sky.

After walking for a while, Isaac noticed something. "Father," he said thoughtfully, "we have wood for a fire, and we have matches to light it, but where is the burnt offering we will give to God?"

Abraham looked at his precious son with eyes full of love and faith. "God will provide the lamb, my son. God always takes care of us."

Isaac smiled and nodded. If my dad said God would provide, then Isaac believed it too! Isaac trusted his daddy completely because he knew his daddy loved him and always took care of him. And Isaac trusted God because father had taught him that God was good and loving.

When they reached the special place on the mountain, Abraham built an altar with stones, just like he had taught Isaac to do. Isaac helped by handing his father the stones and arranging the wood neatly. Then something wonderful happened! Just when they needed it most, God provided a ram (which is like a big sheep) that was caught in nearby bushes. "Look, Isaac!" Abraham said with joy. "God provided, just like I told you He would!"

Isaac's eyes grew wide with amazement and happiness. "Father, you were right! God really does take care of us!" Isaac had learned the most important lesson of all - that he could trust God completely, just like he trusted his loving dad.

Abraham and Isaac offered the ram to God together, thanking Him for His goodness and faithfulness. As they walked home, Isaac felt so happy and peaceful in his heart. He knew that no matter what happened, he could always trust God because God loved him and had wonderful plans for his life.

From that day on, whenever Isaac faced something new or scary, he would remember this special day with his Father. "I can trust God," Isaac would say to himself, "because God loves me and always takes care of me, just like Daddy does."

Activity 1: “Trust Walk” Game

Materials Needed:

Blindfolds or scarves and soft obstacles (pillows, stuffed animals)

Instructions:

- Set up a simple, safe obstacle course
- Pair children up
- One child wears a blindfold while their partner guides them through the course
- The guide gives gentle directions: “Step up,” “Turn left,” “You’re doing great!”
- Switch roles so everyone gets to be both guide and follower

After the activity, ask:

1. “How did it feel to trust your partner?”
2. “What made it easier to trust them?”
3. “Just like you trusted your partner to guide you safely, Isaac trusted his daddy and God!”

Activity 2: “God Provides” Maze

Materials Needed:

Printed maze worksheets (one per child), crayons or colored pencils, small sticker dots or stamps

Optional: clipboards for easier writing surface

Instructions:

- Have children sit at tables or on the floor with hard surfaces
- Distribute one maze worksheet and crayons to each child
- Keep stickers nearby for when they complete the maze
- Introduce the maze
- When children finish, let them place a sticker on their maze.
- Discussion while crafting: “Just like God provided the ram for Abraham and Isaac, God provides for us too! What are some things God provides for you?” (Expected answers: Food, family, home, toys, love, safety, etc.)
- Write their answers on the board or repeat them aloud for reinforcement (optional)

Extension: Children who finish early can color the pictures around the maze or draw additional things God provides in the margins.

Activity 3: Memory Verse Fun

Teaching “Trust in the Lord with all your heart” with motions:

“Trust” - Point to your chest with both hands

“in the Lord” - Point up to heaven

“with all” - Stretch arms wide

“your heart” - Hug yourself with a big smile

Make it fun:

- Whisper it, then say it loudly
- Say it fast, then say it slowly
- Let different children lead the motions

Review

Memory Verse Review:

“Trust in the Lord with all your heart.” (Proverbs 3:5)

Lesson Review:

Questions:

1. Why could Isaac trust his daddy Abraham? *(Because Abraham loved him, always took care of him, and taught him about God. Abraham was a good daddy who kept Isaac safe)*
2. What did Abraham tell Isaac when Isaac asked about the lamb for the offering? *(“God will provide the lamb, my son. God always takes care of us.”)*
3. How did God provide for Abraham and Isaac on the mountain? *(God provided a ram that was caught in the bushes nearby, just when they needed it)*
4. How did Isaac show that he trusted his father and God? *(He obeyed his father, he helped carry the wood, he believed God would provide, and he didn’t worry or complain)*
5. Who are some people in your life that you can trust, and why can you trust them? *(Parents - because they love me and take care of me, teachers - because they help me learn, family members - because they care about me, my priest - because he teaches and instructs me in my faith and how to serve God, and most importantly, God - because He loves us and always provides what we need)*

Words of the Week:

այծ - aydz - ram

պատարազ - ba-da-rak - sacrifice

հավանք - ha-vad-k - faith

Life Application:

What are we going to do with what we have learned today?

This week, we can be like Isaac by trusting God and our parents. When we feel scared or don’t understand why Mom and Dad say “no” to something, we can remember that our parents love us just like Abraham loved Isaac. We can pray to God when we’re worried, say “thank you” for our food and family, and obey our parents even when we don’t understand why. Just like Isaac trusted his daddy, we can trust that God loves us and will take care of us every day.

Close with prayer:

O Christ, guardian of all, let Your right hand guard and shelter me, by day and by night, at home and abroad, in sleeping and in waking, that I may never stumble. Have mercy upon Your creatures and upon me, a great sinner. Amen.