

Unit 1. Children of the Bible - OT

Lesson 1.5: Amah, the Little Servant Girl

Teacher Preparation and Materials Needed:

Bible Story: from

The story is adapted from Hyde, Katherine Bolger. *Brave, Faithful, and True: Children of the Bible*. Ancient Faith Publishing, 2023.

* Please note that, although this is a biblical story, the character in this story is named Amah (means “maidservant”) by the author and does not appear in the Bible.

Activities:

*Implement based on available time. Detailed instructions and materials list are provided in the lesson.

Words of the Week:

բորոստութիւն - po-ro-doo-tyoon - leprosy

լուալ - luh-val - to wash

աղախիւն - agh-akh-een - maidservant

Objective:

Children will understand that God can use even the smallest voice to do great things, and that speaking with kindness and faith can help others know God’s power and love.

Moral Character Focus:

Knowledge: Children will learn that Amah told Naaman about the prophet Elisha, and God healed Naaman when he obeyed.

Understanding: Children will recognize that God can use anyone — even a child — to share His truth and bring others to Him.

Application: Children will identify ways they can share about God in small, simple ways — by speaking kindly, praying for others, or reminding someone of God’s love.

Values: Children will develop courage to speak about God with faith, and a desire to let their words bring hope and kindness to others.

Memory Verse:

“The prayer of a righteous person is powerful and effective.”

- James 5:16b

Lesson

Lesson Opening & Creating Interest:

Open with prayer:

Wisdom of the Father, O Jesus, grant to me the wisdom to think, speak, and do that which is good in Your sight. Save me from all evil and distracting thoughts, words, and deeds. Have mercy upon your creatures and upon me, a great sinner. Amen.

Lesson Body: Amah, the Little Servant Girl

Long ago, in the land of Aram, there lived a mighty soldier named Naaman. He was strong and brave, and the king trusted him very much. But Naaman was very sad, because he had a terrible sickness called leprosy. No doctor could help him, and no medicine could cure him.

In Naaman's house lived a little girl named Amah. She had been taken far away from her home in Israel and now worked as a servant for Naaman's wife. Even though she was small and far from her family, Amah still loved God with all her heart. She knew that God was powerful and could do what no one else could do.

At night, when her work was done, Amah would look out the window toward the land of Israel and remember her home. She missed her mother's songs and her father's strong arms. She missed playing with her friends and going to worship God with her family. Sometimes tears would fall down her cheeks. But even in her loneliness, Amah would whisper prayers to God. "Lord, You are still with me," she would say softly. "Even here, so far away, I know You love me. Please help me to be brave." And God heard every word she prayed.

Amah watched Naaman's household carefully. She saw how kind Naaman's wife was, even though she was so worried about her husband. She saw how the great commander, who could win any battle, could not fight this sickness. And Amah's heart was filled with compassion. "I may be small," she thought, "but I know something they don't know. I know about the God who can do anything. I know about the prophet Elisha. Should I say something? Will anyone listen to a servant girl like me?" She took a deep breath and decided that she would be brave. She would speak up, even if her voice was small.

One day, Amah saw how sad Naaman's wife was. "If only my master could go see the prophet who lives in Israel," Amah said gently. "The prophet Elisha would pray, and God could heal him."

Naaman's wife quickly told her husband what Amah had said. Naaman listened carefully. Could it be true? Could there really be hope? So he set out on a long journey to Israel, bringing many gifts.

When Naaman reached Elisha's house, he expected a grand welcome. But Elisha didn't even come outside! Instead, he sent a messenger with simple instructions: "Go and wash seven times in the Jordan River, and you will be healed."

Naaman grew angry. "That's it? Just wash in the river? I thought the prophet would wave his hand and call on God in a mighty way!" He turned to leave. But his servants said, "If the prophet had asked you to do something very hard, wouldn't you have done it? Why not try this simple thing?"

So Naaman went down to the Jordan River. Once, twice, three times he dipped into the water. Four, five, six... and on the seventh time he came up, his skin was clean and healthy, just like a little child's. God had healed him!

Naaman was filled with joy and thanksgiving. He hurried back to Elisha and said, "Now I know that the God of Israel is the only true God!"

And all of this happened because one little servant girl, Amah, spoke with faith and kindness. Though she was young and far from home, she trusted God and was brave enough to share what she believed.

Song: [Strong And Courageous](#)

Bible Verse Game to Remember

*“The prayer of a righteous person is powerful and effective.”
- James 5:16b*

“Prayer” – fold hands together.

“Righteous person” – point to self, then others.

“Powerful” – flex arms like muscles.

“Effective” – clap hands together once, firmly.

Practice whisper, loud, fast, and slow.

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Memory Verse:

**“The prayer of a righteous person is
powerful and effective.”
- James 5:16b**

Activity 1: “Spirit of the Lord” Parachute Game

Materials: Parachute or large sheet, soft balls

Instructions:

1. Have children hold edges of parachute
2. Place soft balls in the center
3. Explain: “The Spirit of the Lord moves with in us to do and say things we are afraid to do.”
4. When you call out “Spirit of the Lord!” children lift parachute high, making balls fly
5. Practice working together to keep balls bouncing
6. Discuss how God’s Spirit gives us power to do and say things we are afraid to do alone, like Amah

Learning Point: God’s Spirit gives us strength to do what He calls us to do.

Activity 2: Strength Test Stations

Materials: Various items for different “strength” challenges

Instructions: Set up stations testing different kinds of strength:

- **Physical strength:** Carry soft weights or stuffed animals across room
- **Helper strength:** Stack blocks to build something for someone else
- **Kind strength:** Give three compliments to friends
- **Prayer strength:** Pray out loud for someone
- **Obedience strength:** Follow three instructions quickly

After completing stations, discuss: “Which strength is most important? They all are! God uses all kinds of strength.”

Learning Point: Being strong for God means more than muscles—it means using all our gifts.

Activity 3: Little Servant Girl Coloring Page

Name: _____



Review

Memory Verse Review:

“The prayer of a righteous person is powerful and effective.” - James 5:16b

Lesson Review:

Questions:

1. Where was Amah from and where did she have to live?
(She was from Israel, but she had to live far away in Aram as a servant in Naaman’s house.)
2. What sickness did Naaman have that no one could heal?
(He had leprosy, and no doctor or medicine could cure him)
3. What did Amah tell Naaman’s wife that gave them hope?
(She told her that the prophet Elisha in Israel could pray to God, and God could heal Naaman)
4. What did Elisha tell Naaman to do to be healed?
(He told him to wash seven times in the Jordan River)
5. Even though Amah was young and far from home, what did she have that helped her be brave?
(She had faith in God and knew that He was powerful and could do anything; she loved God with all her heart)

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Life Application:

What are we going to do with what we have learned today?

Amah was young, small, and far from home — but God used her brave and faithful words to change Naaman’s life forever. You don’t have to be big or important for God to work through you. Even when you are little, you can speak kindly, share about God, and trust that He hears your prayers. God can do great things through your faith.

Close with prayer:

O Christ, guardian of all, let Your right hand guard and shelter me, by day and by night, at home and abroad, in sleeping and in waking, that I may never stumble. Have mercy upon Your creatures and upon me, a great sinner. Amen.