

# MIRIAM

5+ lesson pack



# Introduction

In this lesson, we will learn about Miriam, the sister of Moses, who played an important role in the story of the Israelites. Miriam's life can be found in Exodus 2:1-10, Exodus 15, and Numbers 12.

## Key Points:

- God uses our words.
- The important of praise and worship.
- The danger of complaining.
- God gives us second chances.

## Lesson Guide

Begin the lesson by asking the child if they have ever had to take care of something very important. Share a personal story of when you had to take care of something important to help them relate.

Introduce Miriam by explaining that she was Moses' sister and played an essential role in his life. Read the story of Miriam's life together.

Discuss with your child how Miriam helped save her baby brother Moses from the Nile River. Explain how God used her courage and wisdom to protect Moses. Ask the child to think of a time when they needed courage to do something difficult and share their experience.

Create a craft activity where the child can make a small basket or boat using simple materials like paper, cardboard, or popsicle sticks. Use this craft to act out the story of Miriam saving Moses from the Nile River. Explain how Miriam's bravery and quick thinking helped to save her baby brother.

Talk about how Miriam spoke to Pharaoh's daughter and helped reunite Moses with his mother. Explain how God can use our words to bring about good things. Have the child think of something encouraging they can say to someone this week and practice saying it together.

Discuss with your child how Miriam led the people of Israel in worship after crossing the Red Sea. Explain the importance of praise and worship. Talk about how it helps us to thank God. Ask the child to create their own worship song or prayer that they can share with you or their family.

Play a game of "Red Sea Freeze Dance" where the child dances to worship songs and freezes when the music stops. Encourage them to use different dance moves to express their joy and thankfulness.

Talk about how Miriam complained about Moses' wife and was punished with leprosy. Explain that complaining is not pleasing to God and can have consequences. Have the child think of a way they can turn their complaints into something positive, such as finding a solution or expressing gratitude for what they have.

Discuss how Moses prayed for Miriam, and she received a second chance. Explain how God is always willing to forgive us when we ask Him. Have the child think of something they need forgiveness for and ask God to forgive them together.

Introduce the concept of a gratitude journal for your child. Encourage them to write or draw something they are thankful for each day. This practice will help them develop an attitude of gratitude and focus on the positive things in their lives.

End the lesson by praying together, thanking God for the people in our lives who help us, and asking Him to help us be like Miriam, who followed God's plans. Encourage your child to share any prayer requests or thanksgivings they have during this time.

# Miriam

Miriam was a brave little girl with a very important job to do.

She watched her baby brother Moses who was hid in a basket by the river Nile.

One day, Miriam saw Pharaoh's daughter find the basket with baby Moses inside.



Miriam bravely told the princess about a Hebrew woman who could care for him. Pharaoh's daughter agreed, and Miriam ran to get her mother.

With Miriam's help, Moses was safe and reunited with their mother.

Years went by, and Moses grew up and led the Israelites out of Egypt and across the Red Sea.

When they reached the other side, the Israelites celebrated their freedom.

Miriam, who was now a grown woman, took her tambourine and began to dance.

She led the people of Israel in a joyful song of worship, thanking God for their miraculous escape.

Everyone sang and danced together, their hearts overflowing with gratitude.





One day, Miriam and her other brother, Aaron, started to complain about Moses' wife.

Their words were unkind.

God was not pleased with their behaviour.

Miriam suddenly found herself covered in leprosy, a painful skin disease.

Miriam knew she had made a mistake.

Her once healthy skin was now white and rough, and she felt ashamed and scared.

Moses, who loved his sister dearly, prayed to God on her behalf.

He asked God to heal Miriam and forgive her for her mistake.

God, who is always merciful, gave Miriam a second chance.

After seven days outside the camp, Miriam's skin was healed, and went home.

From that day on, Miriam continued to serve God alongside Moses and Aaron.

She became a wiser and even more devoted servant of the Lord.



# Games and Activities

## Tambourine Time

Miriam led the Israelites in worship with her tambourine.

Provide the child with a tambourine or create a homemade one using paper plates.

Encourage them to dance and sing songs of praise like Miriam did, reinforcing the importance of worship and thankfulness.



## Basket Weaving Activity

All you need is construction paper in two different colours, scissors, and glue or tape. Choose one colour for the base, fold it in half, and cut slits along the folded edge about 1 inch apart, stopping an inch from the opposite edge. Open the folded paper and lay it flat with slits running vertically. Cut the second paper colour into 1-inch-wide strips. Guide the child to weave the strips over and under the slits in the base, alternating to create a woven pattern.

This engaging activity helps children connect with the story of baby Moses while practicing their weaving skills.

## Gratitude Jar

To reinforce the lesson of being grateful and avoiding complaining, create a Gratitude Jar.

Each day, encourage the child to write or draw something they are thankful for on a small piece of paper and place it in the jar.

Over time, the jar will fill up with their expressions of gratitude, helping them focus on giving thanks to God, just as Miriam learned to do.



# Word Search

J	C	L	E	P	R	O	S	Y	E	S
Z	N	Z	Y	E	Y	P	H	N	M	S
M	Y	R	V	L	I	P	I	V	L	E
O	I	I	E	H	X	R	K	R	V	N
S	R	R	S	Y	U	D	E	L	T	E
E	T	R	I	O	A	T	L	H	E	V
S	O	T	B	A	H	R	N	N	K	I
W	K	M	Q	G	M	I	P	T	S	G
V	A	K	U	K	L	R	N	Y	A	R
T	T	A	X	E	D	K	P	G	B	O
M	D	T	H	O	A	R	A	H	P	F

**BASKET**  
**DAUGHTER**  
**FORGIVENESS**  
**LEPROSY**  
**MIRIAM**  
**MOSES**  
**NILE**  
**PHARAOH**  
**PRAYER**  
**RIVER**  
**TAMBOURINE**  
**WORSHIP**



# Give Thanks

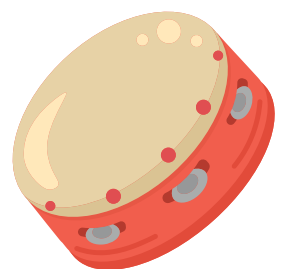
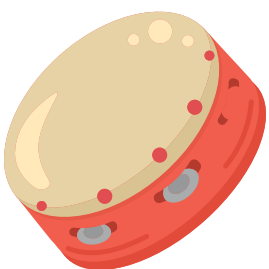
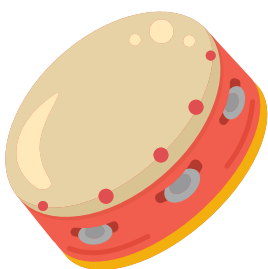
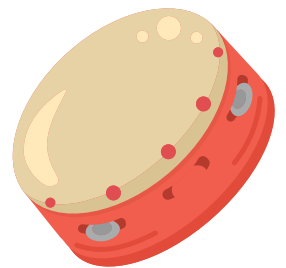
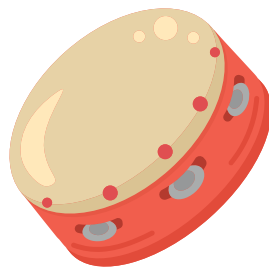
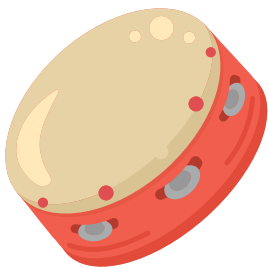
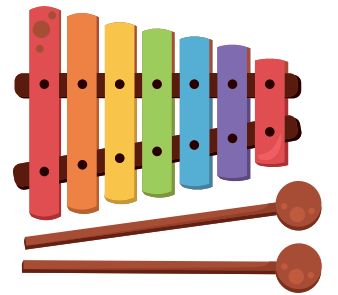
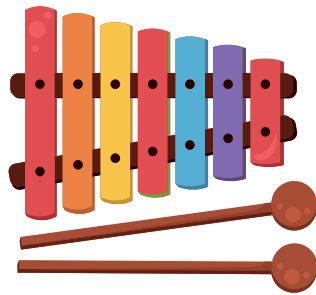
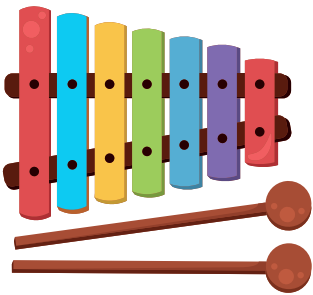
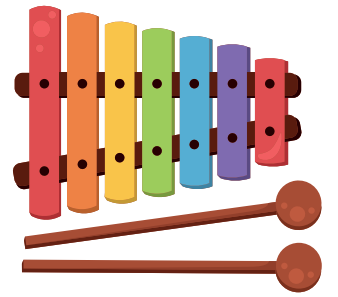
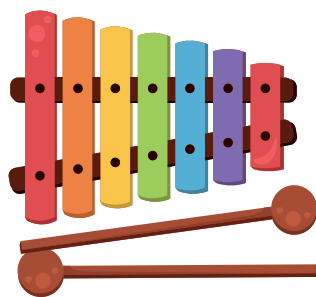
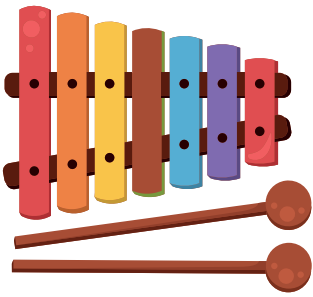
Miriam led the Hebrew people in worship and they gave thanks to God for rescuing them from Egypt.

What are some ways you can give thanks to God?

Four large, empty rounded rectangular boxes with blue borders, arranged in a 2x2 grid, intended for writing answers to the question above.



# Match the two which are the same



# What would you do?

Read each scenario inspired by Miriam's story and write or draw how you would react in a similar situation.

## Protecting a Loved One

Miriam bravely watched over her baby brother Moses and helped keep him safe. Think of someone you care about. How would you protect or help them in a difficult situation?

## Speaking Up

Miriam spoke to Pharaoh's daughter to save her baby brother. Think of a situation where you need to speak up for someone who needs help or support. What would you say or do to make a difference?

## Worship and Gratitude

After crossing the Red Sea, Miriam led the Israelites in worship to thank God. Imagine you just experienced a great victory or blessing in your life.

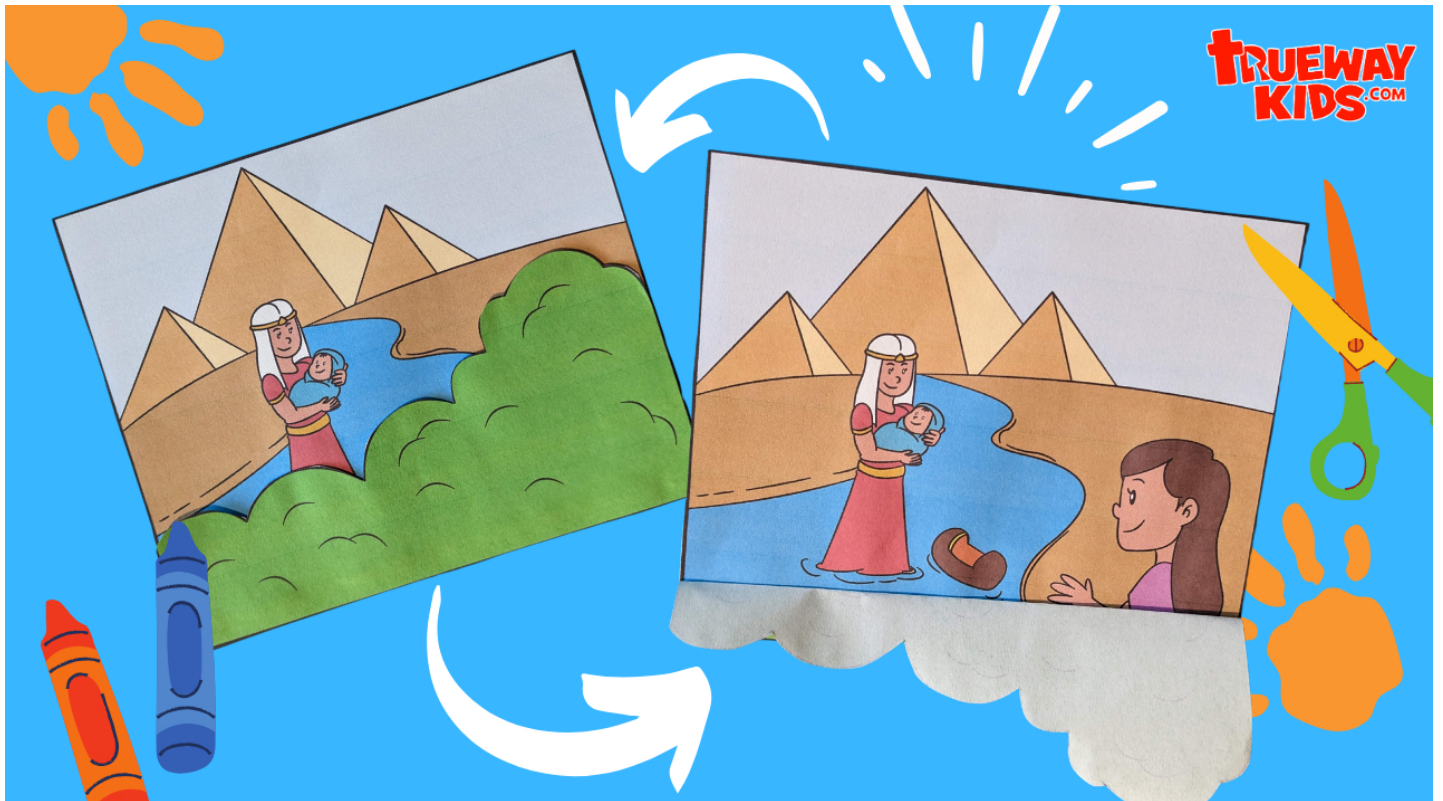
What song would you sing or how would you express your gratitude to God?

## Learning from Mistakes

Miriam made a mistake by complaining about Moses' wife and was punished, but she learned from her mistake and was forgiven. How would you respond when you make a mistake?



# Miriam watching Moses craft



## What you need:

Template page,  
Colouring equipment,  
Scissors,  
Glue.

## What to do:



Colour the template pages.



Cut out the Bush section

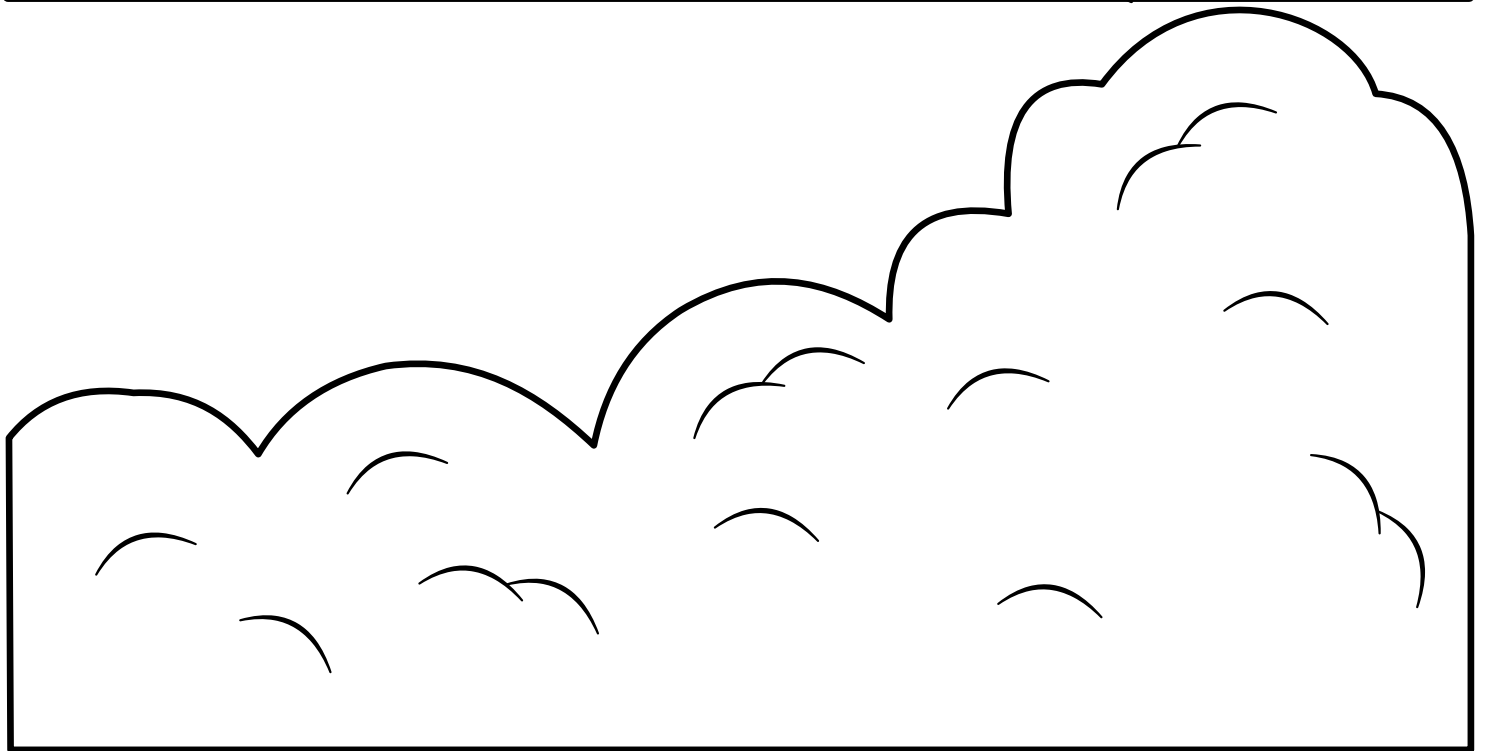


Glue to create a flap to  
hide Miriam.



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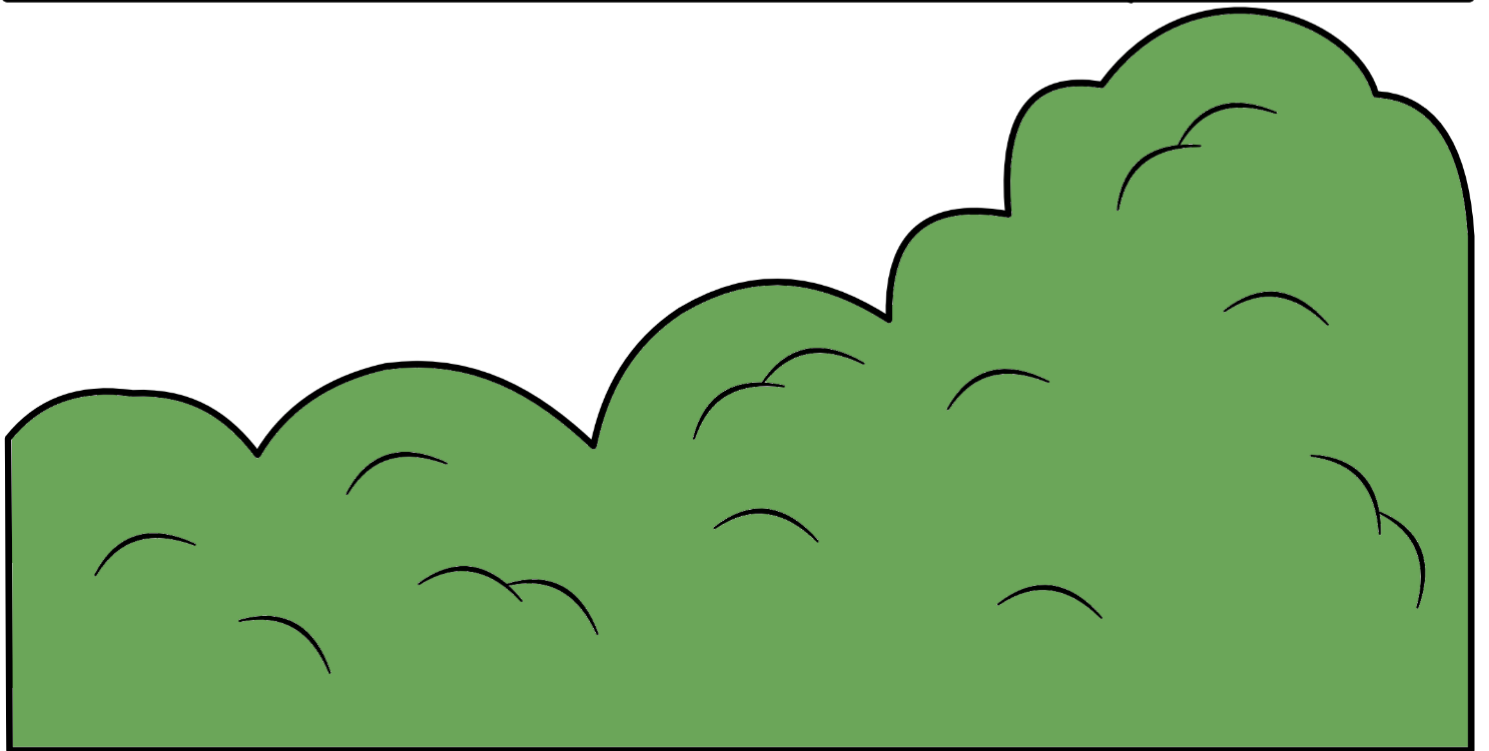
Glue here





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Glue here



# Tambourine Craft



## What you need:

- 2 paper plates,
- A hole punch,
- Ribbon,
- Glitter,
- Glue,
- Colouring equipment.

## What to do:



Decorate the paper plates



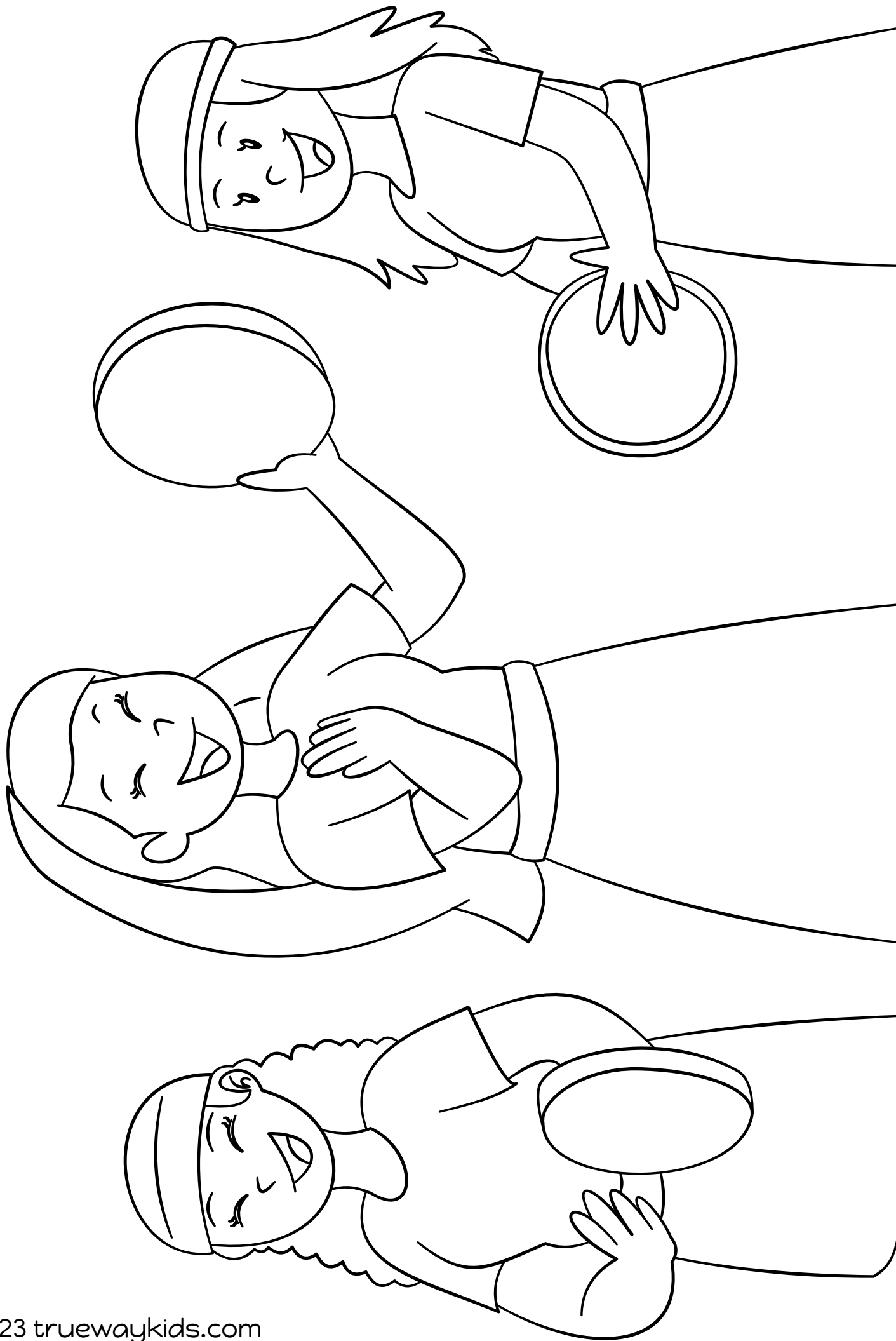
Place plates together.

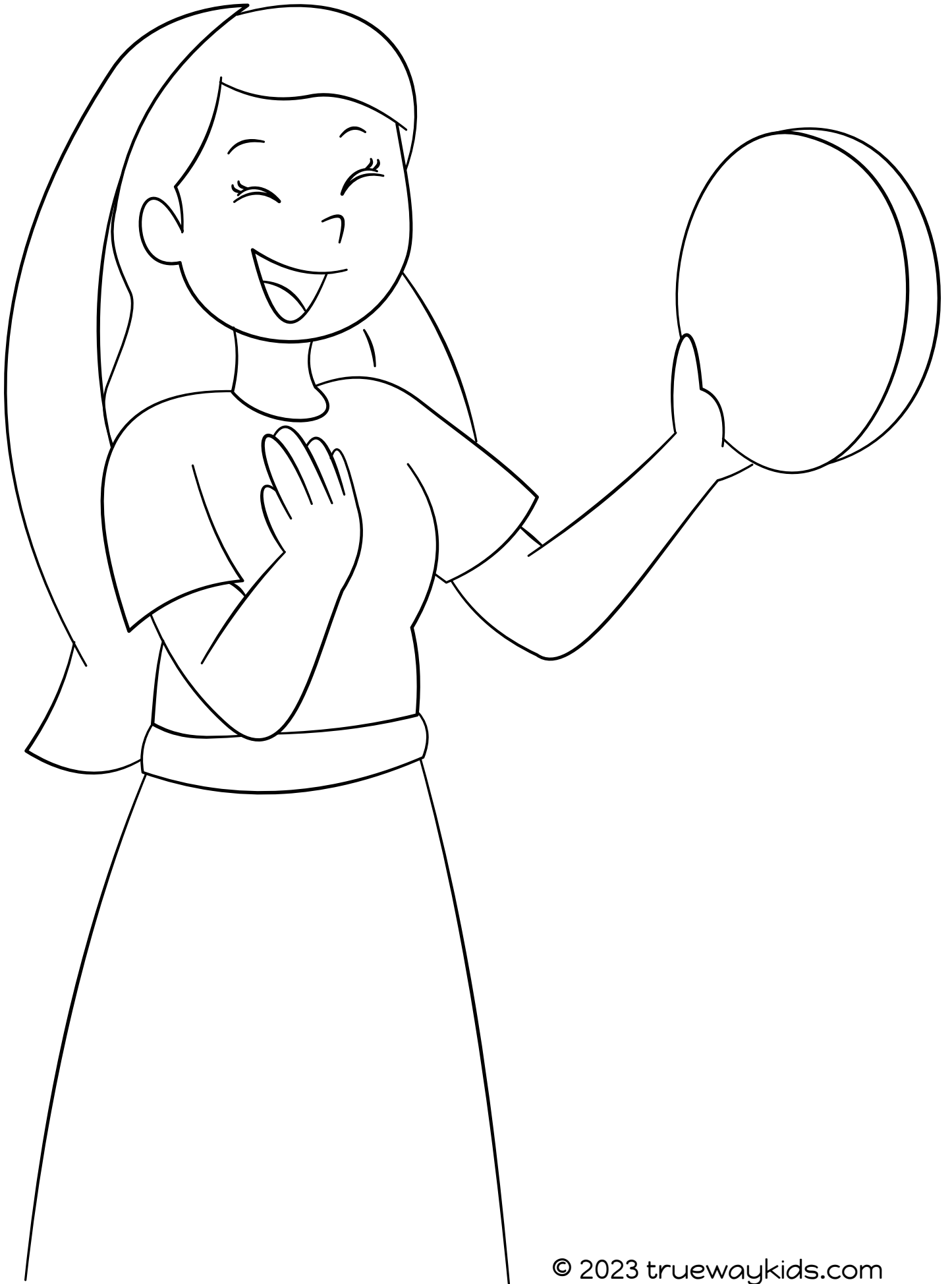
Use a hole punch to make holes around the outside



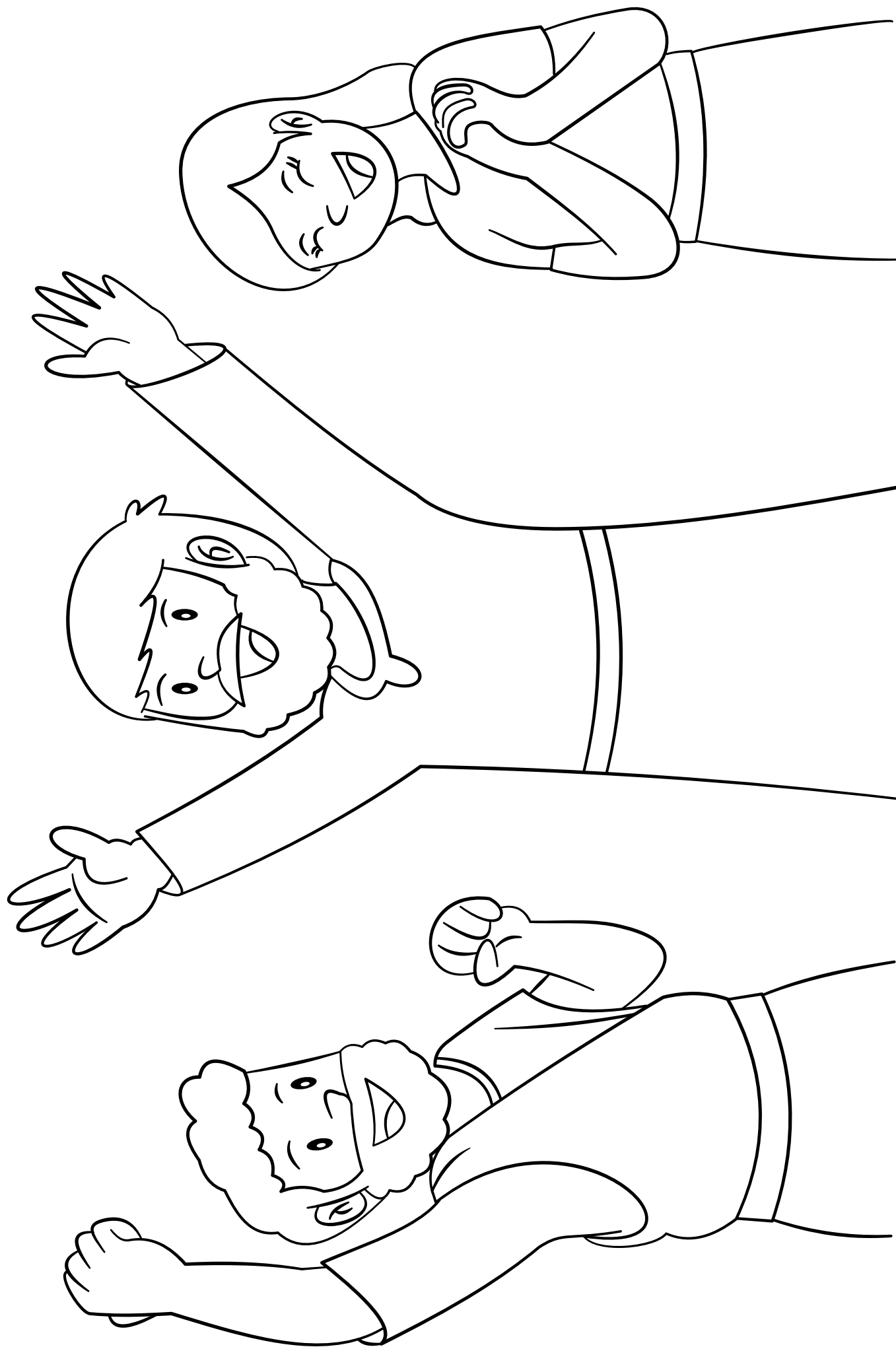
Tie plates together using ribbon or string.











# Worship Time

Recommended worship songs. Not produced by Trueway Kids. YouTube Videos to be used for personal use only.

Miriam- Bible story for kids

<https://youtu.be/l7ZovdDLDqM>

Go into the world - Trueway Kids

<https://youtu.be/cb90qJw7ctM>

The B-I-B-L-E song for kids - Trueway Kids

<https://youtu.be/Wg582srC7cg>



## Prayer

Thank you, God, for Miriam's bravery and the lessons we learn from her story.

Help us to be courageous and kind, just like Miriam. Help us not to complain but to worship You.

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