

## Unit 4: GOD'S LOVE TRANSFORMS US

### Lesson 4.2 Sunday of Expulsion

#### Teacher Preparation and Materials Needed:

**Bible Reference:** *Genesis 3:1-7*

**Class activity:** *Stand in a circle and pray together for wisdom and ask God to give you strength to overcome temptations not only during your Lenten Journey, but at all times. You can also start with Psalm 51:15*

**Coloring Activity:** Good or Bad Choices

**Craft Activity (alternative):** “Praying, Fasting, Almsgiving” Jar

**Materials Needed:** Three jars (cans or boxes), elmer’s Glue, brushes for glue, tissue paper, mailing labels to label the jars (if this method is preferred) stickers, stick on jewels, ribbons, wide craft sticks or slips of paper.

**Video Lesson:** [The Story of Adam and Eve for Kids \(The Garden of Eden\) | Bible Stories for Kids](#)

#### Words of the week:

խօսակցութիւն - khosagtsootyoon - conversation

իշխանութիւն - eeshkhanootyoon - control

օգնութիւն - oknootyoon - help

#### Memory Verse:

Lord, open my lips, and my mouth  
will sing your praise.

- Psalm 51:15

# Lesson

## Lesson Opening & Creating Interest:

Open with prayer:

**Wisdom of the Father, O Jesus, grant to me the wisdom to think, speak, and do that which is good in Your sight. Save me from all evil and distracting thoughts, words, and deeds. Have mercy upon your creatures and upon me, a great sinner. Amen.**

## Lesson Body:

Last Sunday, the day before Great Lent began on Monday, we celebrated Poon Paregentan – the Premiere Carnival. On that Sunday, in the church a few things were different. At the end of the Holy Badarak the curtain remained closed and when people left the church, they didn't kiss the Gospel.

**Q:** *Why do you think this was?*

During Great Lent, the closed curtain, not kissing the Gospel or the cross are reminders of our separation from God because of our sinful disobedience. It is only at the end of Great Lent, when we are reunited with Christ through His resurrection and His defeat of death, sins, and evil.

So, last Sunday, Poon Paregentan was the first special Sunday, when we celebrated and appreciated God's gifts to start our journey of the Great Lent. Now one week has gone by and we are celebrating another special Sunday. This Sunday is called Expulsion Sunday. It is a special day when we remember what happened to Adam and Eve in the Garden of Eden and why they could not live there anymore.

**Q:** *Do you remember the story of Adam and Eve?*

God gave Adam and Eve a beautiful garden to live in, but He told them not to eat from one special tree. Sadly, they did not listen to God; they trusted the evil serpent and ate the fruit. God was so disappointed and hurt he had to tell Adam and Eve to leave the Garden of Eden. You see in order for them to live there; they had to believe and trust in God and obey the rules of the Special Garden. Because they disobeyed, they had to leave the garden. That is why we call this day "Expulsion Sunday" — it reminds us that Adam and Eve were sent out of paradise, and how they had to make their new life themselves. They had to grow their own trees, take care of animals, build a house and make clothes to keep them warm and safe. The life became hard for Adam and Eve.

**Video Lesson:** [The Story of Adam and Eve for Kids \(The Garden of Eden\) | Bible Stories for Kids](#)

**Q:** *What Does This Teach Us?*

This teaches us that when we make bad choices, there are consequences too.

Adam and Eve made a choice to disobey God, and that choice had consequences. God felt hurt when Adam and Eve did not trust His word and broke one rule God Gave them. Even after this disappointment He still loved them. Adam and Eve had to leave the Garden to learn a



## PRAYER

Prayer is our conversation with God. With prayer we thank and give glory to our Lord. We ask Him to keep us and our loved ones safe. Prayer helps us to have a good relationship with God, our Father, and it is something we don't only do at church. We pray in our classroom before each class, we pray at home before meals, we pray when we are worried, when we are grateful, and when we need God's help to improve ourselves. So, during Great Lent we have to try our best and pray many times every day.

## FASTING

Fasting is when we willingly give something up that we know we can have but choose not to, or something we have a hard time saying no to. During this time, many faithful choose not to eat certain kinds of foods, such as meat, milk products, eggs, or delicious sweets. Others promise not to play video games, be on the phone all the time, or say no to ice cream or candy they love to eat so much. Being able to say no to these things means that you have control over them. But if you cannot say no, then they have control over you.

## ALMSGIVING (Acts of Kindness )

Acts of kindness, or almsgiving, is when we show mercy and do good for others. This can be done in many ways. We can share our blessings with those who do not have enough to eat or clothing to wear or toys to play with. Trying to follow directions well, playing kindly with classmates, being kind to all people, and telling the truth are some ways to show acts of kindness.

lesson and learn to appreciate God's blessings.

God never stops loving us! He wants us to be good and worthy to live in the Garden of Eden again. That's why before we make bad choices, we must think about the consequences. And if we already made a bad choice and hurt someone we have to recognise our bad behavior and apologise.

Expulsion Sunday helps us understand how important it is to trust God and count our blessings, get ready for Great Lent, a time when we pray, fast, and try to be closer to God. Let us remember what this means:

Fasting means eating simple foods and not eating certain things so we can think more about God and less about food. During Lent, we also try to be kinder, help others, and pray more. All of this helps us stay strong during Lent. **Class activity:** *Stand in a circle and pray together for wisdom and ask God to give you strength to overcome temptations not only during your Lenten Journey, but at all times. You can also start with Psalm 51:15*

### **Craft Activity (alternative):** "Praying, Fasting, Almsgiving" Jar

Materials Needed: Three jars (cans or boxes), elmer's Glue, brushes for glue, tissue paper, mailing labels to label the jars (if this method is preferred) stickers, stick on jewels, ribbons, wide craft sticks or slips of paper.

Instructions:

1. Label the jars: Prayer, Fasting, and Almsgiving.
2. Have children decorate the jar using their imagination and the tissue paper, ribbons jewels, etc.
3. Dedicate seven craft sticks or slips of paper per jar.
4. Have students write one idea on each slip of paper or craft stick, such as:  
Prayer: "Say a prayer for a friend."  
Fasting: "Give up candy for a day."  
Almsgiving: "Donate a toy or book."

Throughout Lent, students can pick a slip from or a stick from each jar and try to complete the actions. Discuss how these activities help bring them closer to God and make our relationship with Him stronger.



# GOOD OR BAD CHOICES

Color the good choices green and the bad choices red.



Listening



Being messy



Helping others



Swinging my chair



Raising my hand



Calling out



Always trying my best



Pushing others



Saying thanks



Stealing



Being kind



Following instructions



Hurting others



Not listening



Keeping my things tidy



Throwing things



Sitting nicely in my chair



Bullying



Sharing



Not doing my best work

**Read out loud:**

Lord, open my lips, and  
my mouth will sing  
your praise.

Psalm 51:15

**Words of the Week:**

խօսակցութիւն - khosagtsootyoon - conversation

իշխանութիւն - eeshkhanootyoon - control

օգնութիւն - oknootyoon - help

## Review

### Memory Verse Review:

Lord, open my lips, and my mouth will sing your praise. (Psalm 51:15)

### Lesson Review:

1. What are the 40 days before Holy Week called? (Great Lent)
2. What is prayer? (A conversation with God)
3. What happens if we cannot say 'no' to things? (Then those things have control over us)
4. Name one way we can be kind to others. (Answers will vary)

### Words of the Week:

խօսակցութիւն - khosagtsootyoon - conversation

իշխանութիւն - eeshkhanootyoon - control

օգնութիւն - oknootyoon - help

**Close with prayer:**

**O Christ, guardian of all, let Your right hand guard and shelter me, by day and by night, at home and abroad, in sleeping and in waking, that I may never stumble. Have mercy upon Your creatures and upon me, a great sinner. Amen.**